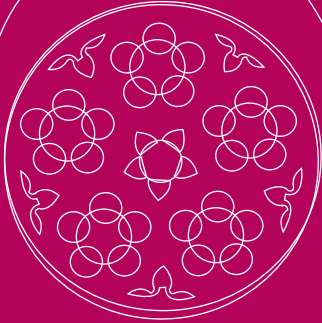




FIRST
PRESBYTERIAN
Ann Arbor | Michigan



2019-2020 Mature Ministries



www.firstpresbyterian.org

The Mission ...

of Mature Ministries is to address the spiritual and social needs of the mature members of First Pres and the community.

Mature Ministries includes pastoral support and care, education and learning opportunities, fellowship and social activities, and facilitates service, mentoring, and mission outlets.



2019-2020 Programs



Mature Ministries Writing Group

“Writing with a Spiritual Prompt”

Our Spiritual-prompt writing group continues, led by Meg Brown. The group begins with a word or phrase, provided by Meg. Each participant then writes on paper, or on their laptop, for 45 minutes, in silence. They then share their written pieces with one another. A prompt could be a word, such as “Remembering” or “Communion.” This group meets the first Thursday of each month, September to May, in the Vance Room, 10:30 a.m. until noon.

“When I Was Little”

“When I Was Little” is a small writing group for people who want to record some of their childhood stories for members of their family but never take the time to sit down and write. The group begins with a “story starter” line provided by the facilitator, Ginny Rezmierski.

Each participant then writes on paper or on their laptop for one hour, in silence. If they wish, participants then take turns sharing their writing with the others. Meeting once per month at First Pres, October through May, the first Monday of each month, 10:00-11:30 a.m., members accomplish their writing, enjoy the fellowship, laugh or cry at old memories, and get to know each other in new and inspiring ways.

The Wisdom Project Workshop

Tuesdays in October, 10:30 a.m. - Noon

French Room/Library

Our Personal Faith memories can be grouped in four tracks or categories — Creative Expression, Joy and Happiness, Harmony, and Adversity. Each of the four workshops will start with a brief talk introducing one of the tracks described above, followed by discussions on identifying your faith memories and how they can be shared with others you care about. Facilitator Howard Dear-dorff is a 78-year old retired person who thinks about what he believes and what he should do with what he believes.

He is married to his wife Jan who refers to herself as “The Quiet One”. He received a Masters Degree in Landscape Architecture from UM in 1966 and a Masters Degree in Divinity from Asbury Theological Seminary in 1980. Sign up by September 25 and commit to all four sessions with Rev. Rogers at mrogers@firstpresbyterian.org. Limited to 20 people.





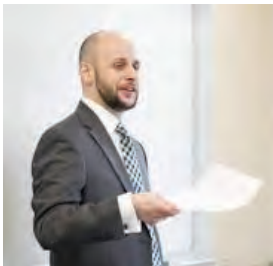
Thursday, January 9

Imagining a Dementia Free Community

For people with dementia, it's a daily challenge to live in a typical community, as most do. That's why cities nationwide, from the size of Saline to the size of Detroit, are taking simple, practical, low-cost steps to embrace the "Dementia-Friendly Community"

concept. Jim Mangi will discuss sensible practices that Dementia-Friendly communities nationwide have implemented. Hear about how "Purple Angel" signs can help first responders save lives in Florida and how diners reserve Purple Tables in Massachusetts. Hear about "Dementia-Aware" ninth graders in Alabama, dementia-friendly libraries in Indiana, and dementia-friendly movie theatres, choruses, and church services. Learn about the business, and the social benefits, that dementia friendly communities in Colorado, Minnesota and Great Britain have realized, and what it might take to develop a dementia friendly community right here.

Before relocating to Michigan, Jim Mangi had a career as a scientist, owning a consulting firm that did environmental studies on power plants, dams, highways and the like. Unexpectedly, his wife developed Younger Onset Alzheimer's about 11 years ago and he became her caregiver. When he's not by her side at the Memory Center, Jim serves as a volunteer Community Educator for the local Alzheimer's Association, presenting a variety of Alzheimer's awareness classes throughout the area.



Thursday, February 13

Congress: How it Worked and Why it Doesn't?

Kevin Portteus is the Lawrence Fertig Professor of Politics at Hillsdale College. He received his B.A. from Ashland University and his M.A. and Ph.D. from the University of Dallas.

To say that Congress is a "dysfunctional institution" is not exactly profound. As our federal legislature winds down yet another fractious and unproductive term, explanations for its decline are everywhere. Indeed, diagnosing the problems of Congress has become a veritable American cottage industry. Whether it is gridlock, partisanship, the decline of civility, the Republicans, the Democrats, lawmakers who keep their families out of Washington, the filibuster, committee system, earmarks, the lack of term limits, lobbyists, and big money, there is an explanation to suit every turn of mind and a supposed panacea to match it.

The dysfunctions of Congress observed by scholars and journalists are merely symptoms of a more profound disease in our government. Leaders from both parties are infected with the desire to abdicate their legislative power, and it has corrupted the whole institution. Until the disease is properly diagnosed and treated, legislative decline will only continue.



Thursday, March 12

**The Inside Story on Elizabeth Parke
Firestone's Clothing Collection at
The Henry Ford**

Nancy E. Villa Bryk is an Associate Professor and Director of Eastern Michigan University's Graduate Program in Historic Preservation. She has been a curator at The Henry Ford and Director of Education and Public Programs at Ann Arbor Hands-On

Museum. She specializes in historic house research, interpretation, and furnishings and consults widely with historic houses and sites across the country. Ms. Bryk received her M.B.A as well as her M. A. in American Culture, Graduate Certificate in Museum Practice, and B.A. from the University of Michigan. The speaker will share the experience of acquiring this extraordinary collection of high-style clothing and our process of learning about its fashionable owner. We will discuss specific pieces that were worn for special occasions in Mrs. Firestone's glamorous life, many of which were exhibited at The Henry Ford Museum. Our Mature Ministries group saw the Firestone couture collection (those tiny shoes!) as part of our spring 2019 visit to the Benson Ford Research Center.



Thursday, April 16 *Note: Meets a week later than usual*

**Thunder Bay National Marine Sanctuary:
Lake Huron's Underwater Museum**

Sarah Waters, NOAA Education and Outreach Coordinator, discusses how Thunder Bay National Marine Sanctuary off of Michigan's northeast coast protects our rich maritime history through research, education and resource protection.

NOAA's Office of National Marine Sanctuaries serves as the trustee for a network of underwater parks encompassing more than 600,000 square miles of marine and Great Lakes waters.



Thursday, May 14

Michigan Environmental Council

Executive Director Conan Smith, will speak to us about current issues facing the Michigan Environmental Council.

Mature Ministries ... On The Road!

For more information, contact Rev. Melissa Anne Rogers, or call the church office for prices. Trips include transportation by chartered bus.

Payments, Cancellations, & Refunds

A \$10 deposit is required to guarantee your spot. Deposits are non-refundable. All final owed monies for these Mature Ministry trips – for travel, meals and programs—are due 30 days before the trips take place. Refunds are only possible if it is 72 hours or more before the event AND if another member can be found to take your place. Otherwise, your deposits and payments are forfeited.



Thursday, September 19

“Finding Our Voices: Sister Survivors Speak”

MSU Museum, East Lansing, 8:30 a.m.-3:30 p.m.

“Finding Our Voices” tells the story of the still evolving sexual assault scandal involving female athletes on the Michigan State University campus in the words of the “sister survivors.” The exhibition examines the multiple institutional failings and cover-ups that allowed the abuse to continue as well as measures

the women have taken to regain control of the story and to bring about healing. It has drawn extensive media attention and considerable critical acclaim. This is a once in a lifetime museum experience—a true act of speaking truth to power. Lunch to follow at the Beggars Banquet in East Lansing.

Cost: \$25.00, payable in advance, for bus, tour & lunch. *Note: This outing replaces the previously announced visit to the UIM Natural history collections center, which will be rescheduled in 2020.*



Thursday, October 17

The Applewood Estate, Flint, & the White Horse Inn 8:30 a.m.-4:00 p.m.

Visit to the home and gardens of the C.S. Mott (General Motors CEO) family, Flint. Over 100 years old, Applewood has only very recently opened its doors to the public. Enjoy a tour of the home, time in the gardens, and a visit to the “gentleman’s farm,” where

animals enjoyed cork floors and heated barns. Lunch to follow at the White Horse Inn in Metamora, Michigan’s oldest operating inn. A short tour of the inn will be included.

Cost: \$30.00, payable in advance. Includes bus, tour, and lunch.



Tuesday, November 12

Detroit Parade Company

9:00 a.m.-3:00 p.m.

Michiganders share special memories of our annual Thanksgiving Day Parade tradition. This outing takes us to the place where everything comes together—the Detroit Parade Company—as final arrangements are being made for this year’s extravaganza. A one-hour tour will make you the expert on the parade at this year’s Thanksgiving dinner table. This is guaranteed to be a great bit of fun before the holidays are upon us! Lunch to follow at the original Buddy’s Pizza in Detroit. Pizza, salad, soft drinks, and gratuity included. Who doesn’t like Buddy’s?

Cost: \$40.00, payable in advance. Includes bus, tour & lunch.

Fall OSHER CLASSES AT FIRST PRES



The Osher Lifelong Learning Institute at UM was established to encourage adults to continue their learning long after formal schooling is done. The Institute’s popular programs help mature adults to rediscover the piquancy of learning — the joy of discovery and feelings of accomplishment that are unencumbered by tests, grades, or drills.

What Makes Some Music “Great”? with Louis Nagel

Tuesdays, September 24 - October 29

1:30 - 3:00 p.m., Social Hall



Ultimately a question Louis cannot answer, he will try to illuminate the greatness about selected/popular concert pieces. Why do we love the Beethoven Fifth Symphony? What was some other music contemporary with this masterpiece and what makes it a masterpiece? The instructor will rely on recordings as well as his own playing in these sessions.

Dr. Louis Nagel is Professor Emeritus of piano and piano literature after serving for forty-seven years on the faculty of the UM School of Music Theatre and Dance. He has concertized and lectured throughout the United States and internationally and worked collaboratively with his wife, the psychologist and musician Dr. Julie Jaffee Nagel. In “retirement” he continues to be active as a performer, lecturer, and teacher.

Real Heroines: Women & Words 1889-1930 - with Alice Horning

Tuesdays, October 15 - November 5

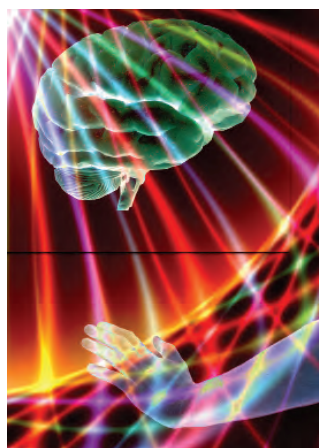
10:00 - 11:30 a.m., Lewis Room



If you think all those recent movie heroines were amazing, this study group will introduce you to some real heroines who did amazing feats with literacy in the Modern period (1880-1930). In those 50 years, the U.S. was in a profound state of transition; these women, including Jane Addams, Cora Wilson Stewart, Sarah Winnemucca, and Ida Tarbell worked in a variety of roles, using their literacy abilities as exemplars and sponsors of literacy to achieve major goals.

Alice Horning is professor emerita of writing and rhetoric/linguistics at Oakland University; she has been studying and teaching about literacy for more than 30 years.

Cure: A Journey into the Science of Mind Over Matter with Mike Murray



Mondays, November 11 - December 16

10:00 a.m - Noon, Curtis Room

Serious scientists from a range of fields have been uncovering evidence that our thoughts, emotions, and beliefs can ease pain, heal wounds, fend off infection and heart disease, and even slow the progression of AIDS and some cancers. Author of *Cure: A Journey into the Science of Mind Over Matter*, Jo Marchant explores the vast potential of the mind's ability to heal, lays out its limitations, and explains how we can make use of these findings in our own lives. Amazon Review: "With clarity and compassion,

Cure points the way towards a system of medicine that treats us not simply as bodies but as human beings." So, let's bring our open minds and our healthy skepticism to examine this fascinating look into the possible future of medicine. Mike Murray is a Clinical Psychologist.

Register for Osher Classes at <http://olli-umich.org/>

Questions about Mature Ministries? Contact...



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